www.yhlife.kr http://blog.naver.com/yhlife07



We have entered the age of living 100 years and the quality of life depends on the way of living.

Feet must be healthy in order to walk well and happiness is led by healthy walking. It is helpful in keeping your feet healthy as you are rced to intentionally do toe exercise even while you are wearing shoes by moving feet and toes a lot with COOLFIN on.



Cold

Rough feet

Swollen feet

Keep healthy by spending minutes a day



# **COOLFIN?**

- Is specialized shoes for foot stretching.
   Is made of a flexible silicone material harmless and non-toxic to the human body.
- 3. Helps feet keep repeating relaxation and contraction alternately while step forwarding and step lifting respectively.
- 4. Has a powerful stretching and acupressure effect in a short time.
- 5. Is a health partner to boost blood circulation.

# Strongly recommended for those who

- Are suffered from swollen and painful feet by wearing ill-fitting shoes.
  Have cold feet even preventing sleep.
  Have fatigued feet and feel tired
  Have feet being deformed
  Have dry feet and clapped feet



You can continuously enjoy the effects on boosting blood circulation and massage indoors (in a daily routine activities at home) with COOLFIN without regard to money, time, place, etc.

# A foot known as the second heart.

Feet of modern people suffering from overworking, You can get easily tired, swollen and even have deformed feet due to the poor blood circulation caused by the feet kept inside the tight shoes all day long. Let's boost blood circulation in our body through foot stretching using COULFIN!



## 01. How to wear



1. Spray sufficient lotion or water onto your feet



2 Insert toes into COOLFIN and pull the COOLFIN to the end of toes to wear it.



3. Take off it from heel toward toes.



4. Wash foot and COOLFIN in flowing water and dry them in shadow.

## 02. How to exercise



- Keep moving toes while walking to make joints flexible and improve blood circulation to the ends of toes.
- Repeating the same action for 2~3 minutes while wearing COOLFIN brings further effectiveness of exercise.

## 03. Effect on wearing COOLFIN

- Keep you feet healthy by washing them before wearing COOLFIN
- Make foot joints flexible by stretching toes by spreading the space between them.
- Reduce fatigue and prevent feet from swelling by boosting blood circulation to the ends of toes.

The average temperature of our feet is between 27~30°C while the normal temperature of our body is 36.5°C. Therefore we need foot exercise to heighten the foot temperature.



 36.5 °C Toe temperature 1. Left 2. Right
 White : Normal toe temperature - Purple : Low toe temperature
 When it turns from violet to white, the toes are nearing normal temperature

	Toe temperature(Left,1)	Toe temperature(Right,2)
Barefoot walking for 20 minutes	29.6	30.2
Walking for 20 minutes after wearing COOLFIN		32.3

Result Walking while moving the toes after wearing COOLFIN will promote the blood circulation to the tips of the toes within short time.



Massage your feet while walking



while checking its colorswith your own eyes

It varies depending on foot temperature and you can exerci

**COOLFIN PLUS** 

As an original product, various colors are available



Product Specification

Color		
Size	S 205 ~ 220mm	
JIZE	M 225 ~ 235mm	l
	L 240 ~ 260mm	
	XL 265 ~ 275mm	



Product Specification

M 225~235mm L 240 ~ 260mm

XL 265 ~ 275mm











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Specialized shoes for foot stretching **COOLFIN** 

## 04. Cautions

- · Don't wear it in wet place.
- · Dont' wear it for a long time.
- Don't use it on injured part and use it for patients concerned to diabetes and circulatory system after consulting with medical specialist.
- Keep off direct sun rays, high temperature and much moisture and dry it in shadow to keep it.

## 05. Certificates and Awards

KC, ISO9001, Venture business Patent/Design/Trademark registration and application (USA, JAPAN, CHINA registration)





A gold award in Pittsburgh PA USA(2015)



A gold award at the International Women Inventors and Exposition(2013)

An award at WIPO(2013)



A silver award A silver award at the International Women Inventors and Exposition(2014) A silver award at the International Women Inventors and Exposition(2014)



An excellence award of new technology in Busan(2012)





Apply water or essence after washing the feet. Then insert toes to COOLFIN and pull to the end of the toes to wear.

### I feel toes so tightened and pain after wearing COOLFIN . Why is it?

It's a signal that you should move your toes a lot. It will be improved after doing foot stretching exercise several times with COOLFIN on.

#### When should I wear COOLFIN ?

You can wear it in your daily life (during cleaning activities,

listening to music, cooking, exercising and watching a TV).

#### What kind of exercise will be good for me wearing COOLFIN ?

Move toes as much as possible after wearing COOLFIN, Walking, running, tiptoe walking, heel walking, stretching the toes and retracting the toes are the examples of exercising the feet.

## What's the best way to keep COOLFIN after taking it off?

Wash COOLFIN and the feet in the running water. Dry COOLFIN in the shade.

#### What is recommended times and duration of exercise per day?

20~30 minutes per time and 1~2 times per day will be sufficient.

### How does the color of the product change?

A It shows red when feet temperature is over 28°C and white when it's over 33°C. The color changes gradually from the top of the feet to the toe.